Dear Parents and Caregivers,

Ahoy there, mateys! What an amazing week it has been - Ball Games, High School Dance Troupes and Pirates. Our thanks to our wonderful Dakabin staff and students for their hard work, right to the end! We have enjoyed our week though we look forward to Miss Jeppesen and Mrs Griffiths’ return next term.

Looking for something to do on the holidays? Try some of these:

**Skipping:** with a long rope first and then progress to a short rope

**Bouncing a ball:** stand still and bounce with 2 hands, then 1 hand, walking and bouncing

**Throwing a ball to a partner:** start close and gradually move away from each other, throw a ball against a wall and catch it. Can use a large ball then gradually move to try a tennis ball. Even a blow up beach ball is great (not as heavy and easier to catch) or a balloon can be used to try to hit it up & keep it off the ground.

**Hitting:** With a balloon or beach ball using each hand (nice and light and easy to use even indoors), with a bat hitting down to the ground and hitting up in the air or against a wall, if you have a rotary clothes line or a high house …. put a ball in a stocking and tie it up to an arm on the clothes line or to a beam under the house and hit with a bat

**Totem tennis/ tether tennis game**

**Hopscotch game**

**Climbing:** either on a frame in a playground or in a tree

**Dancing**

*How often and how long?* Children should do some physical activity every day, not only is it good for their health and co-ordination but also for their school work. Pick one or two of these each week and then spend about 20-30 minutes in the afternoon having a go at them; just make it part of the afternoon routine.

Have a safe and relaxing holiday everyone! Aaarrrrrgghhh!

Warm regards,

Toni Betts & Tony McNee

Acting Principal & Acting Deputy Principal

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**UPCOMING EVENTS**

**TERM 4**

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<td>Public Holiday</td>
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<td>4 Oct</td>
<td>First Day Term 4</td>
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<td>14 Oct</td>
<td>Final day - payment Yr 4 camp</td>
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<tr>
<td>18 Oct</td>
<td>Prep 2017 Open Day 12:30pm—2:30pm</td>
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<td>19-21 Oct</td>
<td>Yr 4 Barambah Camp</td>
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<td>18 Oct</td>
<td>P &amp; C Meeting</td>
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<td>22 Oct</td>
<td>Chaplaincy Trivia Night</td>
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<td>8 Nov</td>
<td>Yr 4/5 Science Centre</td>
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<td>15 Nov</td>
<td>P &amp; C Meeting</td>
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<td>30 Nov</td>
<td>Interhouse Choir</td>
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<td>1 Dec</td>
<td>Celebration Evening</td>
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**TUCKSHOP NEWS**

Tuckshops are an important part of the school environment; they can model healthy food and drink choices that are tasty, interesting and affordable. In compliance with Smart Choices there will be a new menu available at the Tuckshop in Term 4.

Thanks Jo Blanckensee

Tuckshop Convener

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**UNIFORM SHOP**

When school resumes Tuesday 4th Oct for Term 4, the Uniform Shop will be open Tuesday 4th Oct and Thursday 6th Oct 8:00am—9:30am.

Thanks

Linda Daftern

Uniform Shop Convener
TERM 4 TUCKSHOP DAYS WILL BE: TUESDAY TO FRIDAY

INTERHOUSE BALL GAMES CARNIVAL

Dakabee Award Recipients Term 3, Week 10

Be Safe
Alex Wedgwood 3 Crimson
Dylan Quick 4/5 Sapphire
Nevaeh Rynehart Prep/1 Green
Rylan McFie 3 Violet
Brayden Gurd 6 Olive

Be Sensible
Jessica Keating 4/5 Emerald
Mason Glavanits Prep Yellow
Josiah Moser 2 Teal
Talani Feao Prep Red
Arabella Naymith Prep Blue
Charlotte Anderson 1 Ruby
Kaleb Redmann 6 Tangerine
Maddison Hawes 4 Garnet

Be Respectful
Bejay Gale 2 Jade
Caleb Brockfield 2 Lime
Jesse Bradshaw Prep/1 Purple
Aiden Koch 1 Orange
Chloe Harper 5 Turquoise

JAPANESE
Courtney Griggs 6 Olive

PE
Holly Browning 2 Jade